

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: ENW

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bonvoisin Ann

Coaches: ABDELKHALEK SKANDER HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 400M MEDLEY WOMEN Heat:2, starttime: 09:49

Heat: 2/3 Lane : 7 Athlete: ABDELKHALEK LINA							Q-time: 05:14:82	
PB (50m pool): 05:23.81 Charleroi 15/02/2026			PB (25m pool): 05:31.81 SB: 05:23.81 Charleroi 15/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.05	01:13.09	01:56.16	02:37.81	03:22.51	04:09.11	04:46.78	05:23.81
	00:34.05	00:39.04	00:43.07	00:41.65	00:44.70	00:46.60	00:37.67	00:37.03
								

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN Heat:3, starttime: 10:21

Heat: 3/6 Lane : 2 Athlete: ABDELKHALEK LINA							Q-time: 00:36:16	
PB (50m pool): 00:41.93 Seraing 24/03/2024				PB (25m pool): 00:38.78 SB: no time				
	5 0 M							
PB	00:41.93							
	00:41.93							
								

Coach feedback:

Event number: 8: 200M FREESTYLE WOMEN Heat:4, starttime: 10:50

Heat: 4/5 Lane : 2 Athlete: PISANE ALISÉE					Q-time: 02:07:31
PB (50m pool): 02:04.66 Antwerp 21/01/2024			PB (25m pool): 02:01.66 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:04.66	
	<i>no time</i>				
					

Coach feedback: